

# EU GO- EUROPEAN URBAN GARDENS OTESHA

## IDENTIFICATION OF A GOOD EDUCATIONAL PRACTICE OR TOOL

Name of the community garden			Possible short title for the practice			
JARDIN DE FONT OBSCURE			Adapt for disabled guests a shared garden			
Type of tool			Contact person	Name and role	Lionel Benady Coordinator of the garden (and Director of the Animation Center)	
Activity	Training			Phone	<b>0033 6 68 51 21 43</b>	
Methodology	Document			E-mail	<b>yo888@voila.fr</b>	
Other (specify): <u>facilities</u>				x	Other contacts	Nadia ou Virginie 0033 4 91 98 08 37
It can be addressed to...				It deals with the following topics...		
All	School		Intercultural dialogue	Intergenerational dialogue		
Children	Institution		Gender Equality	Fight against poverty		
Youngsters	Social service		Sustainable Consumption	Education to sustainable development		
Adults	Job service		Sustainable Urbanisation	Socio-professional training		
Women	Migrants service		Health promotion	Social cohesion	x	
Elderly	Neighbourhood		Horticultural therapy	Leisure activity	x	
Other (specify) users with reduced mobility (from a leisure center, institution or coming with their family)			Other (specify)			
DESCRIPTION Please describe the practice you have developed.						
<p>From the beginnings of the project of shared garden, guarantee accessibility to disabled people was raised as a foundation. It was done in several stages. Area City Hall and general City Hall have funded the development paths suitable for wheelchair traffic.</p> <p>The shared garden acquired a therapeutic purpose. User groups with limited mobility can now attend the garden. So that they can practice gardening, building planters adapted was necessary.</p>						
AIMS AND OUTCOMES Which are the main purposes tackled in a community garden with this tool? Which concrete results have been observed at short and long term?						
<p><b>AIMS</b></p> <ul style="list-style-type: none"> <li>- Make more convenient access for disabled children in the garden</li> <li>- Allow children to practice with reduced mobility, in a shared garden, a gardening activity</li> </ul> <p><b>OUTCOMES</b></p> <ul style="list-style-type: none"> <li>- The children come and practice. There is a strong trend to hit the field, playing with water, earth.</li> <li>- There was also an awareness by the educators on the possibilities offered by the tool "planter adapted" (originally, the request came from two teachers and are now 5-6 to use this tool).</li> <li>- The report is also positive in terms of mixing with other users of the shared garden: children from the outdoor center have shown respect and the desire to help the group of children with disabilities.</li> </ul>						
WHAT MAKES IT A GOOD PRACTICE OR TOOL? Identify which elements make this action a good practice, for ex. Innovation, coherence, link with other projects or people, favours social mixing, simplify work, earn time or money, etc.						



- Innovative nature of horticultural therapy
- This has enabled children with disabilities also have access to land,
- This practice helped to involve their parents: they begin to come to the garden with educators and their children, they discover the work done by educators with their children
- The work produced by children is valued: with parents who come to explore, but also with children who can benefit from tasting (flowers and strawberries)
- This helped generate exchange between two groups: outdoor center and group of children with disabilities
- Concerted action and co-construction have prevailed: the planters have been designed with the help of the occupational therapist of the structure, educators have participated in the making of wooden pathways to improve accessibility for users with reduced mobility
- Materials recovery prevailed for the construction of suitable planters, in agreement with the values of sustainable development

**STEP BY STEP** Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe

- To see photos showing how to make an adapted planter, step by step : <https://picasaweb.google.com/114684883753848721786/Jardiniere?authuser=0&authkey=Gv1sRgClijDvMztvc-fFw&feat=directlink>
- Hardware DIY: welder, disc grinder
- Provide as: land, plants
- Reclaimed materials: used furniture from the outdoor center mainly, but also recovery of bedsteads with metal frame

**COMPETENCES** Which are the previous knowledge and skills required to put in practice this tool?

- For the design: that's a plus to associate the knowledge and skills of the occupational therapist
- Skills in DIY and technical knowledge in tooling (Lionel Benady was scientific and technical leader for several years, but he readily points out that we also learn by doing)
- The ability to design plans from recycled materials

**EVALUATION** How do you normally evaluate the outcomes of this tool?

- Their use by children: ease of use, frequency of use (weekly)
- Ownership of the planters by children

**DISCLAIMING AND DECLARATION OF HONOUR**

	yes	no
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I authorize Pistes Solidaires and its partners participating to the EU'GO project to publish my contacts on the dedicated website, giving my availability for supporting with information people interested in experimenting an testing the tool that has been described in this document	<b>x</b>	

Putting an X in the previous boxes means that you are agreeing with the cited statements









