

# EU GO- EUROPEAN URBAN GARDENS OTESHA

## IDENTIFICATION OF A GOOD EDUCATIONAL PRACTICE OR TOOL

Name of the community garden			Possible short title for the practice			
LLAVORS ORIENTALS (group of gardeners)			Seed bank			
Type of tool			Contact person	Name and role		Josep Maria Pi
Activity		Training		Phone	+34 676 692 057	
Methodology	x	Document		E-mail	jo.pif@ceesc.cat	
Other (specify):				Other contacts		
It can be addressed to...			It deals with the following topics...			
All		School	Intercultural dialogue	Intergenerational dialogue	x	
Children		Institution	Gender Equality	Fight against poverty		
Youngsters		Social service	Sustainable Consumption	Education to sustainable development	x	
Adults	x	Job service	Sustainable Urbanisation	Socio-professional training		
Women		Migrants service	Health promotion	Social cohesion		
Elderly	x	Neighbourhood	Horticultural therapy	Leisure activity		
Other (specify) Inhabitants of Vallès Oriental			Other (specify) - scientific knowledge of local biodiversity – cultural heritage			
DESCRIPTION Please describe the practice you have developed.						
Recovering of cultural patrimony and of seeds genetic resources. The gardeners of the region grow seeds and observe all the cycle, put the seeds in the bank and exchange them with other gardeners. Simultaneously, documentation about the characteristics of the seeds is elaborated.						
AIMS AND OUTCOMES Which are the main purposes tackled in a community garden with this tool? Which concrete results have been observed at short and long term?						
<p><b>AIMS</b></p> <ul style="list-style-type: none"> <li>• Conserving old local vegetable varieties.</li> <li>• Recovering the agricultural knowledge and the culture associated to the country and cookery.</li> <li>• Promoting the use old varieties in organic gardens of the region.</li> </ul> <p><b>OUTCOMES</b></p> <ul style="list-style-type: none"> <li>• Agricultors are able to decide about their own genetic resources.</li> <li>• Agricultors are able to exchange information and seeds.</li> <li>• The values of agroecology and importance of local varieties are spread.</li> <li>• Self-consumption gardens are self-managed.</li> <li>• A dialogue is established with the elderly.</li> </ul>						
WHAT MAKES IT A GOOD PRACTICE OR TOOL? Identify which elements make this action a good practice, for ex. Innovation, coherence, link with other projects or people, favours social mixing, simplify work, earn time or money, etc.						
This practice allows gardeners to network and share resources. It promotes intergenerational dialogue. It is an innovative methodology to conserve cultural patrimony.						
STEP BY STEP Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe						
<p>Several actions are lead simultaneously:</p> <ul style="list-style-type: none"> <li>- Follow-up of the life cycle of the plants from seed to seed (this allows to deepen the knowledge of the</li> </ul>						



nature and the observation practice)

- Registering the old variety of seeds and elaborating documentation
- Exchanging seeds through the bank (based on principle of reciprocity: if I take a seed from the bank I should leave another seed in the deposit of the bank.
- Occasional participation in dissemination events (such as Tomato Fair)

**COMPETENCES** Which are the previous knowledge and skills required to put in practice this tool?

- Knowledge of the nature
- Sense of observation
- Research and documentation skills
- Sense of compromise

**EVALUATION** How do you normally evaluate the outcomes of this tool?

Positive: participants are more collaborative and there is a general feeling of personal satisfaction

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	yes	no
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