

# EU GO- EUROPEAN URBAN GARDENS OTESHA

## IDENTIFICATION OF A GOOD EDUCATIONAL PRACTICE OR TOOL

Name of the community garden				Possible short title for the practice			
HUERTO "LA LLAVOR"				URBAN GARDEN AS A TOOL FOR INTERCULTURALITY AND INTERGENERATIONAL DIALOGUE			
Type of tool				Contact person	Name and role		ANA ROYO
Activity	<input checked="" type="checkbox"/>	Training			Phone		610707309
Methodology		Document			E-mail		anaroyo@benallar.org
Other (specify): COURSES					Other contacts		TERESA OLIVELLA
It can be addressed to...					It deals with the following topics...		
All		School		Intercultural dialogue	<input checked="" type="checkbox"/>	Intergenerational dialogue	<input checked="" type="checkbox"/>
Children		Institution	<input checked="" type="checkbox"/>	Gender Equality		Fight against poverty	<input checked="" type="checkbox"/>
Youngsters	<input checked="" type="checkbox"/>	Social service		Sustainable Consumption	<input checked="" type="checkbox"/>	Education to sustainable development	
Adults	<input checked="" type="checkbox"/>	Job service		Sustainable Urbanisation		Socio-professional training	<input checked="" type="checkbox"/>
Women		Migrants service	<input checked="" type="checkbox"/>	Health promotion		Social cohesion	<input checked="" type="checkbox"/>
Elderly	<input checked="" type="checkbox"/>	Neighbourhood	<input checked="" type="checkbox"/>	Horticultural therapy		Leisure activity	
Other (specify)				Other (specify)			
DESCRIPTION Please describe the practice you have developed.							
<p><i>URBAN GARDENS, GREEN LIGHT FOR INTERCULTURALITY AND INTERCONGREGATIONAL</i>, wants to get together the ecological horticulture training with the relationship and coexistence between people of different cultures and ages.</p> <p>Through this practice, young migrants without a job or residence permit, which are hosted in Fundació Benallar, participate in this workshop to get a specific training in ecological gardening, to develop strategies and habits that will help them to be included in this society and to keep active while they are waiting for the labour market to change.</p> <p>At the same time, the Foundation volunteers aged between 50 and 70 years old, have participated in this workshop for one or two days a week to be trained in organic gardening and enjoy the values transmitted while working in the countryside and while promoting sustainable consumption.</p> <p>The workshop has been carried on throughout the 2011-2012 academic year by quarters, four days a week, three hours a day. Given the characteristics of our garden, 5 people have simultaneously participated. A trainer, specialized in the techniques of ecological gardening, all of them have performed the tasks entrusted to them daily, consisting of putting manure on the land, planting seasonal products, maintenance, irrigation, and harvesting.</p> <p>The fact that the tasks are performed together and as equals, has led to the relationship between people of different cultures and ages, mutual transmission of knowledge and reach an important state of friendship between all the people doing the workshop. This has been also aided by the break moments, in each of these days that have greatly favoured communication.</p>							
AIMS AND OUTCOMES Which are the main purposes tackled in a community garden with this tool? Which concrete results have been observed at short and long term?							
AIMS:							



1. Being trained in the main ecological and sustainable gardening techniques.
2. Promote intercultural and intergenerational dialogue.
3. Enjoy physical work values in the middle of nature, outdoors.
4. Betting on a healthy nutrition, based on social and solidar economy.
5. Encouraging openness to new and different things, opening up to other knowledge.

**WHAT MAKES IT A GOOD PRACTICE OR TOOL?** Identify which elements make this action a good practice, for ex. Innovation, coherence, link with other projects or people, favours social mixing, simplify work, earn time or money, etc.

**INNOVATION:** it's a novelty that in the same garden, people of different cultures and ages work together.  
**COHERENCE** with the aims of the organizer, which devotes their activities to hosting immigrants and to intercultural coexistence.

Promotes **INTERCULTURALITY** between immigrants and local people.

Promotes **INTERGENERATIONAL DIALOGUE** between young immigrants and middle-aged or retired.

**STEP BY STEP** Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe

Intended for:

Youngsters, adults and retirees immigrants and local who are unemployed, have free time, need for training in ecological sustainable gardening, which like agriculture or need to relax and enjoy working in the middle of the nature and outdoors.

Requirements:

A urban garden, a teacher-monitor, that can teach and organize the daily tasks.

Material: campuses, gardening tools, walking tractor, drip irrigation and common hoses, manure.

Depending on the size and characteristics of the garden, people can work at a time (6-7 persons/half acre).

Courses or periods of 3 months, between 3 to 5 days a week for 3 hours.

The monitor shows the basic techniques of planting, maintenance and harvesting of ecological products during this period of time, so that during this period, there's enough time to show all processes from planting to harvesting. Distributes daily work for each of the participants, according to their abilities and prior knowledge.

Every day and in the middle of activity there is a half-hour break where you share a snack and you use the time to talk and share experiences or make friends.

Harvested products are distributed among the participants.

At the end of the quarter, there is a celebration day in which you share an intercultural meal and celebrate that they met.

The training may be longer: 3, 6, 9 months.

**COMPETENCES** Which are the previous knowledge and skills required to put in practice this tool?

No need for any kind of knowledge. People with no knowledge in horticulture can participate; there is a



teacher and a person in charge of the project who daily organize the tasks to do. Regarding the capacities that people need to have: they need to like nature, horticulture, have the capacity to work in the land work and with much motivation to learn, collaborate and let be guided.

**EVALUATION** How do you normally evaluate the outcomes of this tool?

Very positive for all the involved actors: volunteers, coordinators, migrant youngsters.

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yes	no
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Putting an X in the previous boxes means that you are agreeing with the cited statements

