



This form has been designed to guide community gardens' coordinators or practitioners to describe activities developed to inform, to raise awareness, to involve, to train, to increase quality, to increase impact, to enlarge or differentiate the target group of their community garden. EU'GO project considers all these practices as educational tools to be shared at international level.

Name of the community garden				Contact person			
AMICI DELLA TERRA-MONTEVERDE				Name and surname		Telephone	
						065818887 -3924307309	
Possible short title for the tool (to be filled in at the end of the editing process)				MARIA ANTONIETTA COSSU		E-mail	
						Facebook	
						Skype	
A sensorial, olfactory and tactile path for blind people						mariacossu@yahoo.it	
						Maria Antonietta cossu	
It can be addressed to...				It deals with the following themes... Please, put one or more X			
All	<input checked="" type="checkbox"/>	School	<input checked="" type="checkbox"/>	Intercultural dialogue	<input checked="" type="checkbox"/>	Intergenerational dialogue	<input checked="" type="checkbox"/>
Children		Institution		Gender Equality	<input checked="" type="checkbox"/>	Fight against poverty	<input checked="" type="checkbox"/>
Youngsters		Social service		Sustainable Consumption	<input checked="" type="checkbox"/>	Environmental education	<input checked="" type="checkbox"/>
Adults		Job service		Sustainable Urbanisation	<input checked="" type="checkbox"/>	Socio-professional training	
Women		Migrants service		Health promotion	<input checked="" type="checkbox"/>	Social cohesion	<input checked="" type="checkbox"/>
Elderly		Health service		Horticultural therapy	<input checked="" type="checkbox"/>	Leisure activity	<input checked="" type="checkbox"/>
Other (specify) : Disabled people				Other (specify) :			
BACKGROUND A good practice is a concrete action, successfully experienced at local level with a defined target group, leading to effective results. Please describe the practice you have developed.							
<p>This practice was born when we experienced the therapeutic and integration power that the nature has. We created sensorial paths with activities dedicated to blind people (the tactile path) but also to all the possible visitors of the garden including blind people (the olfactory path).</p> <p>The sensorial paths are prepared in collaboration with Sahad, a blind Egyptian friend who loves nature and who grew up near the agricultural territories of the Nile delta.</p>							
MISSION Which is the main mission of the practice you have developed? Please, put one or more X.							
Inform	<input checked="" type="checkbox"/>	Raise awareness	<input checked="" type="checkbox"/>	Involve	<input checked="" type="checkbox"/>	Train	<input checked="" type="checkbox"/>
Increase quality		Increase impact		Enlarge/differentiate target group			<input checked="" type="checkbox"/>
AIM Why do you consider it a good practice? Which is the main purpose tackled in a community garden?							
<ul style="list-style-type: none"> - To support social inclusion through educational activities connected with the garden - To promote communication, social interaction and cohesion - To promote environmental education <p>The educational garden is a place where you can learn about nature but also a place where relationships can be build. It welcomes people with or without disabilities.</p>							
OUTCOMES Which are the concrete results that can be considered transferable out of the context where the tool has been developed and experimented?							
<ul style="list-style-type: none"> - Interesting educational pastimes, for children especially who can participate in different contests (for example guessing the biggest number of herbs) - A welcoming context that facilitates the communication and interactions between different people: children, adults, elderly, people with disabilities, enhancing social cohesion - An educational context where everybody can learn about nature in a non-formal way 							
STEP BY STEP Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe							
This practice is formed of 2 sensorial paths:							
<p>The olfactory path: directed to all the visitors of the garden (including blind people) that are invited to feel the scent from jars containing aromatic herbs and identify the plants by connecting the numbers of the jars with the names of the plants mentioned on a given list.</p>							



The jars with perforated covers containing leafs of aromatic plants will be lined up on a shelf.
Each jar will have a number in Braille written on it.
Each participant will receive the list with all the plants the jars may contain.
The participants will have to identify each plant by its sent, matching the name of the plants on the list with the numbers written on the jars.
Materials needed: leafs of aromatic plants, dark jars with perforated covers (the cans from the photographic films can be used), printed copies of the list of plants.

The tactile path: directed to blind people. Includes the recognition of plants and seeds.
The path can be followed in two ways:
A. The participants will get to know different **plants** (aromatic herbs and vegetables) using touch and reading their description on specially prepared booklets written in Braille.
For this activity the plants should be strictly lined up in bowls, pools or flowerbeds placed at a height of at least 40 cm from the ground. The path has to clean of any elements that could produce physical harms.
Plasticized boards, aluminum panels or cards with the number or the common name of the plants written in Braille will be placed on a flat table or on a bamboo cane, 80 cm high from the trample level.
Each blind person will receive a printed booklet in Braille with the names and numbers of the various plants, the botanical descriptions, characteristics and use, stories and legends. In this way the blind person gain pleasant hours of autonomy in the garden, no need from the help of his/her escort.
Those who will become frequent visitors of the garden will receive a small flower bed where he or she will be able to plant his/her own garden.
B. The participants will have to touch **seeds** of vegetables and cereals and rehears their recognition.
The seeds are put in little baskets that have cards with the names of the seeds in Braille tied to them. The path is organized in a manner that give complete autonomy to the blind participants.
Materials needed: different plants and seeds; baskets, bowls, pools or flowerbeds; descriptive cards and booklets written in Braille.

Advice: Attention should be made (especially during the tactile path) to the tools or materials that could harm the visitors.

The preparation work for the laboratories is done by the staff of the garden in collaboration with Sahad, the blind Egyptian. The little baskets are created from trimmed branches of the plants and the trees around the garden.

Both paths can be easily replicated in other contexts.

EVALUATION Which are the elements that you normally use to evaluate the outcomes of this tool?

☺	☹	☹
Interactions generated between blind people and people without disabilities. The development of the laboratories in safe conditions and with good results. Satisfied participants. A context of exchange and inclusion. The evaluation of the laboratories as formative and interesting experiences by the participants.		Too many people present in the garden at the same time, especially if they are group schools.

COMPETENCES Which are the previous knowledge and skills required to put in practice this tool?

- Writing and printing in Braille

DISCLAIMING AND DECLARATION OF HONOUR

	yes	no
I'm aware that this intellectual product will be used for the aims and objectives of EU'GO project,	x	



including sharing and free publication on internet. I authorize Pistes Solidaires and all its partners to consider this document free from rights and royalties.		
I authorize Pistes Solidaires and its partners participating to the EU'GO project to publish my contacts on the dedicated website, giving my availability for supporting with information people interested in experimenting an testing the tool that has been described in this document	x	
Putting an X in the previous boxes means that you are agreeing with the cited statements		

