



This form has been designed to guide community gardens' coordinators or practitioners to describe activities developed to inform, to raise awareness, to involve, to train, to increase quality, to increase impact, to enlarge or differentiate the target group of their community garden. EU'Go project considers all these practices as educational tools to be shared at international level.

Name of the community garden		Contact person	
TERRA D'ORTO		Name and surname	Telephone 3333718592
Possible short title for the tool (to be filled in at the end of the editing process)		CLAUDIO PELLEGRINI	E-mail cla.pellegrini2@libero.it info.terradortoonlus.org
HORTICULTURAL THERAPY			Facebook
			Skype
It can be addressed to...		It deals with the following themes... Please, put one or more X	
All	School	<input checked="" type="checkbox"/>	Intercultural dialogue
Children	Institution	<input checked="" type="checkbox"/>	Gender Equality
Youngsters	Social service	<input checked="" type="checkbox"/>	Sustainable Consumption
Adults	Job service	<input checked="" type="checkbox"/>	Sustainable Urbanisation
Women	Migrants service	<input checked="" type="checkbox"/>	Health promotion
Elderly	Health service	<input checked="" type="checkbox"/>	Horticultural therapy
			Intergenerational dialogue
			Fight against poverty
			Environmental education
			Socio-professional training
			Social cohesion
			Leisure activity
Other (specify) :		Other (specify) :	
BACKGROUND A good practice is a concrete action, successfully experienced at local level with a defined target group, leading to effective results. Please describe the practice you have developed.			
Terra d'orto has in hand a green area (a former farm) inside the female residential centre for mental disabilities. Thanks to all this green space at disposal with also some already built constructions as the greenhouse, we started to cultivate with the hosted women a piece of land and doing activities in the greenhouse.			
MISSION Which is the main mission of the practice you have developed? Please, put one or more X			
Inform	Raise awareness	<input checked="" type="checkbox"/>	Involve
		<input checked="" type="checkbox"/>	Train
		<input checked="" type="checkbox"/>	Increase quality
			Increase impact
			Enlarge/differentiate target group
			<input checked="" type="checkbox"/>
AIM Why do you consider it a good practice? Which is the main purpose tackled in a community garden?			
<ul style="list-style-type: none"> - Through gardening disabled people and normally gifted people can interweave social relationships that favour integration - To educate to the respect of the environment and to the sustainable use of the land 			
OUTCOMES Which are the concrete results that can be considered transferable out of the context where the tool has been developed and experimented?			
The high therapeutic impact of the Horticultural therapy for people with mental and physical disabilities. The activities in a greenhouse have the advantage of a work in a safety and controlled environment, not very wearisome (possibility to work at a stand and not bend) and accessible also in case of bad weather.			
STEP BY STEP Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe			
1. THE WORK IN THE GREENHOUSE			
The main activities are:			
<ul style="list-style-type: none"> - Lemon-growing (or other citrus fruits) in a pot in order to produce limoncello or essential oils - Flower-growing or vegetables growing with these characteristics: Cheap budget for the start-up of the production Fast cycle in order to retrieve any harvest loss Wide range of species and varieties Internal consumption of the products or the establishment of a ethical purchasing group or for feeding the animals of the farm 			
2. THE WORK IN THE GARDEN (following the productive phase in the greenhouse)			
The activities in the garden consist in bedding out the plants grew in the greenhouse, their care and harvest when time comes. Some vegetables are sold to a ethical purchasing group or consumed internally. Some			



vegetables are used to produce marmalade or cream.

All these activities are carried on with educators and their aim is to integrate and train people with physical and mental disabilities.

The organization is planning to become a Social farm and a point of sale of the products in order to open the area and the activities to a wide range of public.

EVALUATION Which are the elements that you normally use to evaluate the outcomes of this tool?

☺	☹	☹
<p>To satisfy the needs of disabled people and generally the needs of the external public. The position of the garden (the countryside in the city) The initiatives already done have generated an increase of requests or new projects</p>	<p>Improved access to the green areas but also to organisation. Little interest from the public administration</p>	<p>Little public funds No legislative framework that support social agriculture No recognition from the national health system of the therapeutic value of gardening activities.</p>

COMPETENCES Which are the previous knowledge and skills required to put in practice this tool?

Basic knowledge about the agricultural cycle that can be easily acquired by doing a short stage or training with experts of social agriculture.

Educational competencies in order to work with people affected by disabilities or psychic malaises

DISCLAIMING AND DECLARATION OF HONOUR

	yes	no
<p>I'm aware that this intellectual product will be used for the aims and objectives of EU'GO project, including sharing and free publication on internet. I authorize Pistes Solidaires and all its partners to consider this document free from rights and royalties.</p>	x	
<p>I authorize Pistes Solidaires and its partners participating to the EU'GO project to publish my contacts on the dedicated website, giving my availability for supporting with information people interested in experimenting an testing the tool that has been described in this document</p>	x	

Putting an X in the previous boxes means that you are agreeing with the cited statements

