

# EU GO- EUROPEAN URBAN GARDENS OTESHA

## IDENTIFICATION OF A GOOD EDUCATIONAL PRACTICE OR TOOL

Name of the community garden			Possible short title for the practice		
1. HABITER LA CITE C'EST FAIRE ENSEMBLE 2. JARDINS COLLECTIFS DE PONT-DE-VIVAUUX 3. JARDIN DES TUILERIES			Kitchens in Gardens		
Type of tool			Contact person	Name and role	
Activity	<input checked="" type="checkbox"/>	Training		Wislez Marc – director	
Methodology				Phone	
Other (specify):				E-mail	
				Other contacts	
It can be addressed to...			It deals with the following topics...		
All	<input checked="" type="checkbox"/>	School	Intercultural dialogue	<input checked="" type="checkbox"/>	Intergenerational dialogue
Children	<input type="checkbox"/>	Institution	Gender Equality	<input checked="" type="checkbox"/>	Fight against poverty
Youngsters	<input type="checkbox"/>	Social service	Sustainable Consumption	<input checked="" type="checkbox"/>	Education to sustainable development
Adults	<input type="checkbox"/>	Job service	Sustainable Urbanisation	<input checked="" type="checkbox"/>	Socio-professional training
Women	<input type="checkbox"/>	Migrants service	Health promotion	<input checked="" type="checkbox"/>	Social cohesion
Elderly	<input type="checkbox"/>	Neighbourhood	Horticultural therapy	<input type="checkbox"/>	Leisure activity
Other (specify)			Other (specify)		
DESCRIPTION Please describe the practice you have developed.					
<p>We offer gardeners to organize festive meals on the gardens. Vegetables and herbs from the garden are used to cook meals. These dishes are prepared on site in the garden and / or at the gardener's home. Those invited are: gardeners, inhabitants of the neighborhood and external people (partners, other gardeners from other gardens ...).</p>					
AIMS AND OUTCOMES Which are the main purposes tackled in a community garden with this tool? Which concrete results have been observed at short and long term?					



#### AIMS

- To open the gardens to other people, interests and concerns.
- To gather and create greater cohesion between gardeners and non gardeners of the social housings, and with gardeners from other city gardens.
- Set up an event that makes gardens visible, in view to awareness the financial, technical and social partners of the gardens.
- Introduce, from vegetables and herbs from the garden, the pleasure of eating and health theme.

#### OUTCOMES

70 to 90 guests received during two meals on the Nereides Bosquet garden (“Habiter la Cité, c’est faire ensemble”); 35 people on the Pont-de-Vivieux garden ; 25 people in the Tuileries garden.

The participants really enjoy being here.

We need to inform and communicate more to bring more non-gardeners.

**WHAT MAKES IT A GOOD PRACTICE OR TOOL?** Identify which elements make this action a good practice, for ex. Innovation, coherence, link with other projects or people, favours social mixing, simplify work, earn time or money, etc.

- This tool is a good pretext to bring people to the garden (social diversity and generational mix) ; people who probably would not have met elsewhere.
- depending on location, this action may be part of a more global coherence process; for example in the garden of Nereides Grove, part of the kitchen is made with olive oil from olives collected on trees in the city by the inhabitants.
- This tool can also help introduce new directions of projects on topics related to health (nutrition, ...)

**STEP BY STEP** Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe

1. the decision to organize a meals in the garden is taken during a monthly meeting of gardeners (at least 8 to 10 weeks in advance). A date is fixed as well as the access level to the event: open to residents only or also to outsiders? gardeners and non gardeners? social landlord and partners (financial, technical, social centers, ...)?
2. Everyone says what he will cook (on site or at home). A list of dishes is made with the quantities that each prepares.
3. Organization of communication: invitations, pricing from 1 to 2 Euros for those invited (NB the total sum being paid is collected into the gardeners pot and affected to a purchase in connection with the garden – example : parting gifts offered to the social landlord which was behind the gardens).
4. One to two preparatory meetings before the date of the meal. Setting up the schedule of the day and allocation of duties on the morning before the meal.

**COMPETENCES** Which are the previous knowledge and skills required to put in practice this tool?

Some knowledge and skills in cooking and several notions:

- how to organize a stewardship
- notions of communication
- time management

**EVALUATION** How do you normally evaluate the outcomes of this tool?

- **Indicators: the quantity and quality of attendees relative to initial targets: only inhabitants (gardeners and non gardeners) or also outsiders. The hardest part is to bring the inhabitants (non-gardeners and gardeners).**
- **The next meeting of gardeners allows them to make an analysis of what went well or less well past that day.**

**DISCLAIMING AND DECLARATION OF HONOUR**

yes no





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