



This form has been designed to guide community gardens' coordinators or practitioners to describe activities developed to inform, to raise awareness, to involve, to train, to increase quality, to increase impact, to enlarge or differentiate the target group of their community garden. EU'Go project considers all these practices as educational tools to be shared at international level.

Name of the community garden		Contact person	
ORTOFFICINA		Name and surname	Telephone 00393890990556
Possible short title for the tool (to be filled in at the end of the editing process)		SEZGI UYGUR	E-mail sezgiuygur@gmail.com
Lasagna gardening			Facebook facebook.com/sezgiuygur
			Skype iovsjupiter
It can be addressed to...		It deals with the following themes... Please, put one or more X	
All	<input type="checkbox"/> School	Intercultural dialogue	<input checked="" type="checkbox"/> Intergenerational dialogue
Children	<input checked="" type="checkbox"/> Institution	Gender Equality	Fight against poverty
Youngsters	<input checked="" type="checkbox"/> Social service	Sustainable Consumption	<input checked="" type="checkbox"/> Environmental education
Adults	<input checked="" type="checkbox"/> Job service	Sustainable Urbanisation	<input checked="" type="checkbox"/> Socio-professional training
Women	<input checked="" type="checkbox"/> Migrants service	Health promotion	Social cohesion
Elderly	<input checked="" type="checkbox"/> Health service	Horticultural therapy	Leisure activity
Other (specify) :		Other (specify) :	
BACKGROUND A good practice is a concrete action, successfully experienced at local level with a defined target group, leading to effective results. Please describe the practice you have developed.			
Lasagna Gardening isolates the edible garden from contaminated soil or concrete and adopts the do-nothing philosophy of Masanobu Fukuoka.			
MISSION Which is the main mission of the practice you have developed? Please, put one or more X			
Inform	<input checked="" type="checkbox"/>	Raise awareness	<input checked="" type="checkbox"/>
Involve	<input checked="" type="checkbox"/>	Train	<input checked="" type="checkbox"/>
Increase quality	<input checked="" type="checkbox"/>	Increase impact	<input checked="" type="checkbox"/>
Enlarge/differentiate target group			
AIM Why do you consider it a good practice? Which is the main purpose tackled in a community garden?			
The occupied space where we garden was a factory with contaminated soil. Lasagna gardening helps to improve soil quality and raise awareness about the contamination of an entire neighborhood.			
OUTCOMES Which are the concrete results that can be considered transferable out of the context where the tool has been developed and experimented?			
Decomposing layers improve soil quality and shrink down to half. Geometry of the gardens should be considered for the irrigation systems.			
STEP BY STEP Please, describe how to put in practice, guiding with clear instruction and materials needed someone that would like to experiment your tool in a local community garden around Europe			
1 st step: If you want to isolate your garden from the contaminated soil, find a cheap material (like sand). Build a big box from local or thrifted material (like wood) about 2m x 4m and fill the first layer.			
2 nd step: Put either brown corrugated cardboard or three layers of newspaper directly on top of the grass or weeds. If your soil is not contaminated, otherwise put them on the isolation material on the area you've selected for your garden.			
3 rd step: Put whatever you can find from these materials on top as layers: Grass Clippings, Leaves, Fruit and Vegetable Scraps, Coffee Grounds, Tea leaves and tea bags, Weeds (if they haven't gone to seed), Manure, Compost, Seaweed, Shredded newspaper or junk mail, Pine needles, Spent blooms, trimmings from the garden, Peat moss. Alternate layers of "browns" such as fall leaves, shredded newspaper, peat, and pine needles with layers of "greens" such as vegetable scraps, garden trimmings, and grass clippings. In general, you want your "brown" layers to be about twice as deep as your "green" layers.			
4 th step: Do it twice as big as you'll want to, it will shrink down a lot. Cover with a layer of soil or wait for the lasagna garden to decompose for a season (e.g. in winter).			
5 th step: To maintain the garden, simply add mulch to the top of the bed in the form of straw, grass clippings, bark mulch, or chopped leaves.			
EVALUATION Which are the elements that you normally use to evaluate the outcomes of this tool?			



☺	☹	☹
Minimum need of work to maintain the quality of the soil.	It shrinks down a lot, the level of the soil goes down.	Need to know how to use tools.
COMPETENCES Which are the previous knowledge and skills required to put in practice this tool?		
<ul style="list-style-type: none"> - How to use basic wood cutting and assembling tools. - What are compostable materials. - What is the difference between brown and green materials. 		
DISCLAIMING AND DECLARATION OF HONOUR	yes	no
I'm aware that this intellectual product will be used for the aims and objectives of EU'GO project, including sharing and free publication on internet. I authorize Pistes Solidaires and all its partners to consider this document free from rights and royalties.	x	
I authorize Pistes Solidaires and its partners participating to the EU'GO project to publish my contacts on the dedicated website, giving my availability for supporting with information people interested in experimenting an testing the tool that has been described in this document	x	
Putting an X in the previous boxes means that you are agreeing with the cited statements		

